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IASFA

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EU Platform on Diet,
Physical Activity and Health

Supported by:



Generalitat de Catalunya
Departament de la Vicepresidència
Secretaria General de l'Esport



2nd European Sport for All Congress 23rd - 25th October 2008 INEFC, Barcelona

Thursday 23rd October 2008

Address: Museu Olímpic i de l'esport
Avenida de l'Estadi 60, Anella Olímpica de Montjuic
Barcelona

20:00	Opening Ceremony City Council of Barcelona Diputació de Barcelona (Government of the Province) Sports Department. Catalan Government ISCA CESS UBAE EUROFITNESS
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Friday 24th October 2008

Address: INEFC


Avenida de l'Estadi 12-22, Anella Olimpica de Montjuic
Barcelona

9:30 – 11:00	<p><u>Plenary Session 1</u></p>  <p>Steps to fitness and health - from physical activity guidelines to an integrated concept for health promotion</p> <p>EU Action to Promote Health-Enhancing Physical Activity</p>
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11:00 – 11:30	Coffee Break
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Block 1 11:30 – 13:30	<p><u>Parallel 1</u></p>  <p>Health enhancing sport programmes, projects and campaigns: <i>New Tendencies</i></p>	<p><u>Parallel 2</u></p> <p>Integrated activity design and new equipment</p>	<p><u>Parallel 3</u></p> <p>Sport for all - added value for society: Sport, environment and health</p>
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13:30 – 15:00	Lunch
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Block 2 15:00 – 17:00	<p><u>Parallel 1</u></p>  <p>Health enhancing sport programmes, projects and campaigns: <i>Quality Management in Practice</i></p>	<p><u>Parallel 2</u></p> <p>Development and management of human resources in Sport for All</p>	<p><u>Parallel 3</u></p> <p>Sport for all - added value for society: Sport, Education, environment and integration</p>
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17:30 – 20:00	<p>Clubs City Tour</p> <p>(Three Sport Facilities will be visited)</p>
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Saturday 25th October 2008

Address: INEFC

Avenida de l'Estadi 12-22, Anella Olimpica de Montjuic
Barcelona

09:30 - 11:00	<p><u>Plenary Session 2</u></p>  <p>Physical Activity and Civil Society: Opportunities and Challenges</p> <p>Participants in physical activity and their psychological approach</p>
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11:00 – 11:30	Coffee Break
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Block 3 11:30 - 13:30	<p><u>Parallel 1</u></p> <p>Sport and Social Development: Partnership. Innovation and Cooperation</p>	<p><u>Parallel 2</u></p>  <p>Scientific approach to Sport and Health</p>
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13:30- 15:00	Lunch
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15:00- 16:00	<p><u>Congress Conclusions</u></p> <p>Congress Conclusions will be presented by the presidents of CESS and ISCA.</p>
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21:00 – 24:00	Gala Dinner at the Eurofitness Cornella Arena (On the occasion of the 20 th anniversary of UBAE)
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 *Physical Activity Towards a Healthier Europe is a project of the International Sport and Culture Association with financial support from DG-SANCO of the European Commission. The PATHE Seminar 2008 includes five workshop sessions. These sessions can be identified with the PATHE logo. Delegates who attend all five PATHE sessions can receive a PATHE project certificate.